



THE LITURGICAL YEAR

ADVENT

Advent, from the Latin word *adventus*, which means "approach," is the first season of the liturgical year. It calls to remembrance the anticipation of the birth of Christ and how God is still approaching us in our lives today.

EPIPHANY

The word Epiphany is from Koine Greek *ἐπιφάνεια*, *epipháneia*, meaning manifestation or appearance. This season remembers the birth of Christ into the world, and what that means for us today.

ORDINARY TIME

"Ordinary" comes from the same root as our word "ordinal", and in this sense means "the counted weeks" and consists of 33 or 34 Sundays. The main focus in the lessons of Ordinary Time is Christ's earthly ministry.

LENT

Lent is a season of introspection in preparation for Easter, lasting for forty days.

EASTER

Though the Easter season varies from year to year, according to the lunar-calendar, Easter is the remembrance of Jesus' resurrection and ascension.