

# NEWS

THINGS TO BE A PART OF AT CIB



Everyone deserves to  
have a safe space  
to be heard.



Thursdays

Pastor Ryan leaves two open appointments on his calendar every Thursday for anyone who would like to chat. No strings attached.

- Do you have a question about God, faith, or the church?
- Maybe you need a safe place to vent?
- Maybe you would like to get some guidance about the things you're facing in your life?

Whatever your reason, pastor Ryan is available to chat with you in a confidential environment where you will be listened to and responded to with love.

Snap the QR code above to reserve your spot to chat today.

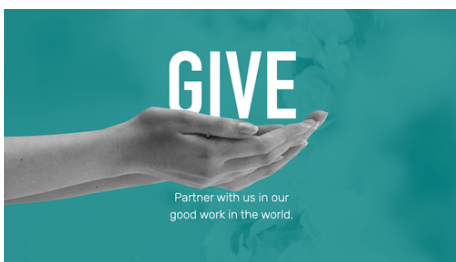


There's music in you!

If you play an instrument or sing, we want to include you in our Sunday worship! All ages and skill levels are welcome. Interested?



Snap the QR code above to send us an email.



Generosity Is Worship

We invite you to partner with us in our good work by making a one-time or recurring donation. Your gifts enable us to be an even more engaging community.



Get more info at [churchinbethesda.org/cultivate](https://churchinbethesda.org/cultivate).

---

# THERE IS ~~NO~~ SUCH *a* THING AS A FREE LUNCH

Free food is distributed at 12:30 PM, Monday through Friday. No strings attached.  
Get more info at [churchinbethesda.org/lunch-program](http://churchinbethesda.org/lunch-program)

## Everyone Should Eat

If you are in need of meals, come to the back entrance of the church Monday through Friday at 12:30 PM for free food.



Get more info at  
[churchinbethesda.org/lunch-program](http://churchinbethesda.org/lunch-program).

---

## MAY WE PRAY FOR YOU?

[churchinbethesda.org/prayer](http://churchinbethesda.org/prayer)

## May we pray for you?

If you're celebrating something, we want to celebrate with you. If you're hurting, we want to carry that with you. Please visit our prayer page to share your requests with us.



Get more info at  
[churchinbethesda.org/prayer](http://churchinbethesda.org/prayer).

---

## Get updates from CiB

Sign up at [churchinbethesda.org/get-updates](http://churchinbethesda.org/get-updates).

## Get Updates

CiB sends out periodic updates to keep our community up to speed on all that's going on. Updates are available via email and/or text and you may unsubscribe at any time.



Subscribe today at  
[churchinbethesda.org/get-updates](http://churchinbethesda.org/get-updates).

---

## MAKER OF ALL

## Listen to our band.

Don't you enjoy the music at CiB? You can also enjoy it during the week by listening to it wherever you are on any of your devices.



Listen at  
[churchinbethesda.org/music](http://churchinbethesda.org/music).

---